

**FEBRUARY  
2021**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Week  
1.2.21**

Goal based activities  
Outdoor games or  
walk  
(Weather permitting)  
or dance and  
movement

Goal based activities  
Outdoor games or  
walk  
or dance and  
movement  
**Zoom fun quiz at  
3PM**

Goal based activities  
Outdoor games or  
walk  
or dance and  
movement  
**Zoom bingo at  
3 PM**

Goal based activities  
Outdoor games or  
walk  
or dance and  
movement  
**Zoom fun game  
at 3 PM**

Goal based activities  
Outdoor games or  
walk  
or dance and  
movement  
**YouTube video  
upload** 

**Week  
8.2.21**

Valentines and Chinese  
new year crafts  
Outdoor games or walk  
(Weather  
permitting) or  
dance and  
movement

Valentines and Chinese  
new year crafts  
Outdoor games or walk  
or dance and  
movement  
**Zoom fun game  
at 3 PM**

Valentines and Chinese  
new year crafts  
Outdoor games or walk  
or dance and  
movement  
**Zoom fun quiz at  
3PM**

Valentines and Chinese  
new year crafts  
Outdoor games or walk  
or dance and  
movement  
**Zoom bingo at  
3 PM**

Valentines and  
Chinese new year  
themed activities  
Outdoor games or  
walk  
**YouTube video  
upload** 

**Week  
15.2.21**

Garden planning for  
spring  
Walk  
(Weather permitting)  
or dance and  
movement

Garden planning for  
spring  
Walk or dance and  
movement  
**Zoom bingo at  
3 PM**

Garden planning for  
spring  
Walk or dance and  
movement  
**Zoom fun game  
at 3pm**

Garden planning for  
spring  
Walk or dance and  
movement  
**Zoom fun quiz at  
3 pm**

Garden planning for  
spring  
Walk or dance and  
movement  
**YouTube video  
upload** 

**Week  
22.2.21**

Goal based activities  
Outdoor games or  
walk  
(Weather permitting)  
or dance and  
movement

Goal based activities  
Outdoor games or walk  
or dance and  
movement  
**Zoom fun quiz at  
3 pm**

Goal based activities  
Outdoor games or walk  
or dance and  
movement  
**Zoom bingo at  
3 PM**

Goal based activities  
Outdoor games or walk  
or dance and  
movement  
**Zoom fun game  
at 3pm**

Goal based activities  
Outdoor games or walk  
or dance and  
movement  
**YouTube video  
upload** 